LOCAL RESOURCE GUIDE: FOR THE ILL AND ELDERLY

Alzheimer's and Dementia

Alzheimer's and Dementia Services of Northern Indiana

- · Monthly Dementia Classes
- Quarterly Newsletter
- Lending Library
- Helpline
- Support Groups Individual Disease Counseling
- Workshops and Conferences
- Support Groups/Elderly Support

http://www.alzni.org/_wp/about-us-2/ (888) 303-0180

922 E. Colfax Ave., South Bend, IN 46617

Cancer

River Bend Cancer Services

- Serves individuals with cancer and those in remission
- · Individual counseling and service referrals
- Monthly support groups
- · Medical equipment lending service
- Financial assistance and nutrition support

riverbendcancerservices.org (574) 287-1497

3516 East Jefferson Boulevard, South Bend, IN 46615

Disability Care

Arc of Indiana

ArcInd.org (800) 382-9100 143 W. Market Street Suite 200

Indianapolis, IN 46204

ADEC

Adecinc.org (574) 848-7451 19670 S.R. 120 Bristol, Indiana

Bureau of Development and Disabilities Services

(574) 232-1412 401 E. Colfax Suite 270 South Bend, IN 46617

Logan Center

logancenter.org (574) 289-4831 2505 E Jefferson Blvd South Bend, IN 46615

Elder & Disability Abuse Help

American Society on Aging (ASA)

asaging.org/elder-abuse-prevention-resources (800) 537-9728

Indiana Ombudsman

in.gov/ombudsman/2348.htm (800) 622-4484

General Support

St. Joseph Health System (Senior Services)

- Education on a new diagnosis, disease or medical condition
- · Finding a new physician or specialist
- · Arranging assisted living or home care
- · Financial help with medications
- Organizing medication delivery from a local pharmacy
- Exercise and nutritional information
- Referrals to support groups for chronic disease management

(574) 335-4689

sjmed.com/senior-services-assistance

Downtown Churches Coalition

 Provides list of resources cccelkhart.org/community-resources.html

Homebound Services

Council on Aging

elkhartcoa.org (574) 295-1820

Interim Healthcare Services

- In-home specialized healthcare and therapy
- "Homemaker" services (housekeeping)
- Information/education on diseases and disabilities

(574) 233-5186

https://www.interimhealthcare.com/southbendin/our-services/

605 W. Edison Rd.

Mishawaka, IN 46545

REAL Services

REAL Services is an umbrella organization for more than 20 programs that assist elderly, disabled and low-income individuals in 12 northern Indiana counties.

Programs include:

- Meals on Wheels
- Transportations
- Options Counseling
- Aging and Disabled Resource Center/InConnect

https://www.realservices.org/_wp/index.php/community-services/

(574) 233-8205

1151 S. Michigan St.

South Bend, IN 46601

Visiting Angels

- · Patient selects caregiver
- Assists with home services like bathing, meal preparation, and light housekeeping
- Assists with shopping and outside appointments

https://www.visitingangels.com/michiana/ homecare-services (574) 855-7727 2424 Franklin St #209-A Michigan City, IN 46360

Hospice & Palliative Care

Center for Hospice Care

- · Pediatric hospice and palliative care
- · Perinatal palliative care
- Hospice care
- Palliative care for people with life-threatening illnesses in IN
- Specialty programs for hearts, lungs & dementia
- Grief and bereavement programs

South Bend

Center for Hospice Care 111 Sunnybrook Ct, South Bend, IN 46637 (574) 243-3100

Mishawaka

Admin and Foundation Offices & Life Transition Center 501 Comfort Place, Mishawaka, IN 46545 (574) 277-4100

Elkhart

Office & Inpatient Unit 22579 Old US 20E, Elkhart, Indiana 46516 (574) 264-3321 Plymouth - Center for Hospice Care 112 South Center Street, Suite C Plymouth, Indiana 46563 (574) 935-4511

La Porte - Center for Hospice Care 286 West Johnson Rd., Suite B La Porte, Indiana 46350 (219) 575-7930

https://www.cfhcare.org/

Legal Aid

American Disability Act Technical Assist / Great Lakes ADA Center

· Legal education (webinar and conference)

1640 W. Roosevelt Road, Room 405 Chicago, IL 60608 (312) 413-1407 (800) 949-4232 (312) 767-0377 (Video Phone) (312) 413-1856 (Fax) adata@adagreatlakes.org

Great Lakes ADA Center (MC 728)

Mobility Equipment

Alternatives in Motion

Alternativesinmotion.org (616) 493-2620 Grand Rapids, MI

Wheelchair Help

 Provides wheelchairs and mobility equipment not covered by Medicare, Medicaid or Insurance wheelchairhelp.org
515 East St.
Elkhart, IN 46516
(574) 295-2230